

DAMFT Officers

President - Gloria Martin, M.A. LMFT, LPC,
214-498-8067
gloria@discoveringgrowth.com

Past-President - Susan Schwartz Swank,
M.Ed., LMFT, LPC, 214-483-6429
snss102@sbcglobal.net

Vice-President – R. Scott Gornto, M. Div.,
LMFT, AAPC, 972-596-5400
scottgornto@me.com

Secretary – Ken Bateman, Ed.D., LMFT,
LPC, 972-680-8986
ken@drkenbateman.com

Treasurer / Newsletter Editor - Sidney
Starling, M.Ed., LMFT, LPC, 214-354-9985
SidneyStarling@aol.com

Membership – Maryellen Dabal, LMFTA,
817-876-9958
dabalmft@aol.com

Student Representative – Ashley Robin,
B.A., 469-585-7492
ashleyrc@gmail.com

2010 DAMFT Programs

April 9

Sugar & Spice, but Not So Nice: Girls' Relational Aggression

Presenter: Gay Thomas McAlister, Ph.D., LPC-S

May 7

Differentiation, Sexual Intimacy, and the Development of Personhood

Presenter: Billy Grammer, LPC, LMFT

September 3

Sexuality Counseling and Therapy

Presenter: Hal Barkley, Ph. D., Director of Counseling Program, SMU



March 2010

Official Newsletter of the
Dallas Association for Marriage and Family Therapy

MESSAGE FROM THE PRESIDENT Gloria Martin

This month I am so excited to report to you about the state conference held in San Antonio. This year's conference was the 36th annual conference and, like all that I have attended, was excellent. The theme Brains in Connection: Interpersonal Neuroscience in Marriage and Family Therapy expanded our knowledge of the interaction of the brain, emotion and attachment.

I enjoyed all the sessions I attended and I was delighted to be introduced to Louis Cozolino's work in neuroscience. He did an amazing job of speaking all day Friday and keeping all in the room engaged and interested in the work he is doing.

Michael Bowers, AAMFT Executive Director, reported on AAMFT's work on helping licensed therapist in Texas fight the lawsuit filed by Texas Medical Association against the licensing board. Unfortunately, things continue to move slowly and there is not much new to report at this time. Michael also reminded us that AAMFT has just rolled out a new social networking site.

I had such a great time at the conference. I want to encourage all of you to plan to attend the 37th annual conference, March 3-5 in Austin. I hope that you will make conference attendance part of your 2011 business plan and budget.

Here are some comments heard at the conference by some of the 30 Dallas attendees.

"I love connecting with my tribe."

"I come to see friends that I only get to see once a year. It's been a long time tradition of mine. I think I have been coming for over 20 years. I have seen some of the best in the profession. I have seen Harry Goolishian, Bill O'Hanlon, and Carl Whitaker. I love it."

"I haven't been in a few years, but I am so glad I came. I've enjoyed San Antonio because it's so much fun. I really enjoyed hearing Cozolino."

"I loved having margarita's on the patio with friends."

"I recently moved to Texas and I have enjoyed the networking, the sessions, and San Antonio."

"Coming to the conference helps me stay grounded in family therapy."

Gloria

Next Meeting: Sugar & Spice, but Not So Nice: Girls' Relational Aggression
April 9 2010 1:00 – 3:00

Kicking, punching, and dousing with all manner of foul substances-- and the perpetrators are girls! If a male stereotype of male aggression exists, then so does a female stereotype of kindness and caring. Females can be just as ruthless, if more subtle and out of view of adults, when they deal misery through body language, gossip, and ostracism. Learn how to identify and employ effective strategies. Join us for our next meeting. Our presenter, Gay McAlister, Ph.D., is currently a lecturer and Director of Supervision for the SMU Department of Counseling. She is an LPC, LPCS, and a Registered Educational Diagnostician who received her Ph.D. in family studies from TWU. Her research interests are broad and include family patterns of behavior, cognitive, behavioral and evolutionary explanations on aggression and jealousy, ADHD, self-injurious behavior and counselor ethics.

APRIL MEETING DATE CHANGE

Did you notice our April DAMFT Meeting will be the second Friday - April 9 due to Good Friday Observance? We'd don't want to miss you!

ATTENTION TAMFT MEMBERS!

The Governmental Affairs Committee for the Texas Association for Marriage and Family Therapy is recruiting TAMFT members. This committee works closely with TAMFT's lobbyist, executive director and officers in developing and implementing legislative strategies during the legislative session. If you would be interested in helping to advocate for MFTs at the Capitol, please contact:

Brad Kennington, LMFT-S, LPC-S

p: 512.517.8148

f: 512.346.8509

BradSKennington@aol.com

kenningtontherapy.com



Editor's Comments

Sidney Starling

What a difference a month makes! Last month we had the largest recorded snowfall ever for the DFW area. Now – spring is here in all her glory. My daffodils have been blooming for weeks and each day the Bradford Pears turn whiter, and the trees are “hinting” green, ready to burst forth. The current prediction for wildflowers is “spectacular”, promising the best we’ve seen in years thanks to our wet winter.

Last month I encouraged all of you to “go outside and play”. So in keeping with your efforts to “nourish your soul”, I hope you will consider taking the opportunity to enjoy this glorious spring. Plan to take a day trip south or east to enjoy what promises to be an explosion of color! Consider a picnic lunch or a visit to somewhere you have never been. Explore and have fun! It won’t be long until we are all complaining of the heat!

I planted wildflowers in the fall at our country place and some are blooming. It is always a delightful mystery to see what color and what type blooms next - similar to the anticipation I experience as I watch a client bloom and grow. Surely there is an order in nature that grounds us in our chaotic lives. When we listen each day to the turmoil and struggle in the lives of our clients, I believe there is healing in the order and beauty of the landscapes that surrounds us. Take a minute to step outside and take it all in.

Spring is nature's way of saying
“Let's Party!” ~ Robin Williams

See you April 9!

Nature fits all her children with something to do.

~ James Russell Lowell



*If I had my life to live over, I would start barefoot earlier
in the spring and stay that way later in the fall*

~ Nadine Stair

It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so! ~ Mark Twain

JOIN DAMFT IN APRIL!

*Our annual membership renewal began with our February meeting. It is never too late to RENEW your DAMFT Annual Membership Dues. Remember you must be a current member of TAMFT to be a voting member of DAMFT. Choose the application that fits your needs and bring your completed application along with your membership dues to the April Meeting! Applications are available on our website:
<http://www.damft.com/>*

Not a member of TAMFT?

No Problem! We welcome you to DAMFT and offer you the opportunity to satisfy your CEU requirements at the incredibly low cost of \$10.00 per meeting (2 CEU's) or \$50.00 per year for the total 15 CEU's required for the LMFT licensure. Great Programs! Wonderful opportunities to network with your peers! And you can't beat the price!

Plan to join us at our next meeting

You must not know too much or be too precise or scientific about birds and trees and flowers and watercraft; a certain free-margin, and even vagueness - ignorance, credulity - helps your enjoyment of these things. ~ Walt Whitman

Only Two More Meetings Left until we break for Summer!

Save This Date

TAMFT
37th Annual Conference
March 3 - 5
Austin

Attention LMFTA's in need of hours

The Family Studies Center is looking for LMFTA's in need of family therapy hours who are willing to help with their DISD cases. It requires that the intern is available to work at a DISD site 1- 2 evenings a week seeing Special Ed families from 3:00 -8:00 PM. The work is both rewarding and challenging and requires the ability to think about larger systems that often have to be engaged to support the family. There is no pay for this service; however supervision will be by an AAMFT Approved Supervisor.

For more information please contact:

Connie Cornwell 214-648-6949

or email- connie.cornwell@utsouthwestern.edu .

Office Sublease Available
Mental Health Care or Allied Professional

Looking for an office space for your clinical practice? Whether you're starting a practice or looking for a more cost effective location for your growing practice this may be a great option for you! This is the ideal set-up for a new counselor, a part-time therapist, a therapist needing a satellite office, or a seasoned therapist with a full caseload. Also, ideal for allied professionals such as massage therapists, nutritionist, or music therapist. Sublease office one of these spaces.

Description: Currently available: two offices (approx. 240 sq ft; 170 sq ft), use of reception area (approx. 215 sq ft) and a waiting room (approx 125 sq ft). These beautifully furnished offices with windows are ready for immediate occupancy. These offices have the ambience of being in a nicely furnished living room. It has plush sofas and chairs, coffee tables, bookcases, and desks. Full-time sub-lesers have the option of a furnished or unfurnished office space. You will have access to a furnished office, waiting room, reception area, and separate male/female restrooms. You will have a professional address for your business and a place to receive your mail. There is ample parking. These suites are conveniently located just off the extremely busy Main St. on the border of Lewisville, Highland Village, and Flower Mound. Easy access to I-35E, I-635, and I-121.

Flexible Leasing Options: Office suites are leased part- or full-time.

Service: Additional service packages are available for an additional fee. They include use of phone system, fax, copies, voice mail, office equipment, Internet, email, administrative staff, billing services, practice management, and storage.

Lease Rates: Part-time (minimum 16 hours/month) for \$200. Full-time for \$ 675 (unfurnished); \$720 (furnished). You pay no utilities!

***Do you know someone who's looking for office space?
Please share this information with them. Call now for more information!***

972-906-5607

Don't miss this great opportunity!

Paid Advertising

Your Help is Needed

To Start a Dallas-Ft Worth OCD Foundation Affiliate!

Mental Health Care Professionals are being asked to help start the affiliate by volunteering to become part of the initial Board of Directors. If you or anyone you know would be available to help jumpstart this worthy endeavor, please contact:

Allen Feltman at ocfnorthtexas@gmail.com

The time commitment is minimal and the rewards great!

CEU REMINDER

DAMFT is required to award one hour of credit for one hour of attendance. The DAMFT Board has adopted the following policy:

If you arrive more than 15 minutes late or leave 15 minutes early, only 1.5 CEU's will be awarded.

This policy was adopted by the board in order to stay within the bounds of what is required. Please plan to arrive on time and stay until the end of the program. We appreciate your cooperation and understanding

We have a Brand New Look!

Don't forget to visit our web site to see all the changes we have made! A big "Thank you" to Ashley Robin!

www.damft.com

DAMFT Monthly Meetings have moved to the Milliman Building, Ten Thousand North Central Expressway, just north of Walnut Hill and 75 on the East access road. Meetings are held in the First Floor Community Room

March Is Red Cross
Month  **American Red Cross**

DOWN THE STREET
ACROSS THE COUNTRY
AROUND THE WORLD

www.damft.com

Other than the February meeting (which is 1:00-4:00 PM), Our regular meetings are from 1:00-3:00 PM. Meetings include 2 hours of CEU's (3 hours Ethics in February) and are held at the Milliman Building – Ten Thousand North Central Expressway, Dallas, TX - North of Walnut Hill and 75 on the east access road – in the Community Room located on the first floor.

For all DAMFT questions please email Gloria Martin at Gloria@discoveringgrowth.com