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2011 DAMFT Programs

May 6, 2011 – Note Room Change for this meeting – Room 825

The Art of Graceful Change

Presenter: Rick Carson, LMFT

September 2, 2011

Re-Familizing in Group Therapy

**Presenters: Susan Swank, LMFT &
Anita Titone, LSCW**

October 7, 2011

**Attraction, Flirting and Emotional
Neediness**

**Presenter: Dr. Harold Duncan, Ph. D,
LMFT, LPC**



April 2011

Official Newsletter of the
Dallas Association for Marriage and Family Therapy

MESSAGE FROM THE PRESIDENT Gloria Martin

I have had several conversations in the past few months with individuals asking about the benefits of being a member or affiliated with DAMFT. I have been a part of this organization since moving to Dallas almost 13 years ago. I have found great camaraderie with other therapist and have always been impressed with the quality of the programs that are presented.

These are just a few of the wonderful benefits of being a part of DAMFT:

- ❖ To network and have professional training opportunities with other professionals in the Dallas/Ft. Worth area
- ❖ To provide student members an opportunity to network and connect with possible future employers and supervisors as well as be exposed to a variety of topics and areas of family therapy which may not be covered in the classroom
- ❖ To professionally affiliate with other highly qualified marriage and family therapists
- ❖ To receive a monthly newsletter with updates regarding the latest information on DAMFT and area programs in the mental health field
- ❖ To be guided by a professional code of ethics
- ❖ To exchange ideas with other organization members in pursuit of common goals
- ❖ To accumulate CEU's by attending workshops

I look forward to seeing each of you in May for our last meeting before the summer break. We are so pleased to have Rich Carson be our speaker. Bring a colleague!

*See you soon,
Gloria*

Please Note Room Change

We will be meeting in Room 825 on the 8th floor of the Milliman Building for our May 6 Meeting due to a scheduling conflict with our usual meeting room

Next Meeting: the Art of Graceful Change

May 6

1:00 – 3:00

Program Description: We are going to have a big time with Rick, experientially and didactically, exploring the Art of Graceful Change - the 3-tiered road map that lies at the heart of deep-seated personal growth.

Presenter: Rick Carson is an AAMFT Clinical Member and Approved Supervisor, a former faculty member at the University of Texas, Southwestern Medical School, and founder of the Gremlin-Taming Institute. For over 37 years, Rick Carson has been a marriage and family therapist, personal/executive coach, seminar leader and consultant. He's conducted presentations and workshops at the behest of organizations across North America, Europe and the Middle East, among them: international businesses, personal/executive coaching organizations, mental health agencies, substance abuse programs, federal and state government agencies, school districts, the U.S. Navy and Marine Corps.

His seminal work, Taming Your Gremlin®, the first of his four books published by HarperCollins, has been a consistent seller since 1983. Taming Your Gremlin is soon to be released in its tenth foreign language edition. Rick's latest book, A Master Class in Gremlin-Taming®: the Absolutely, Indispensable Next Step in Freeing Yourself From the Monster of the Mind, was published in March of 2008.

For more information, please visit <http://www.tamingyourgremlin.com>

There are two ways to live your life. One is though nothing is a miracle; the other is though everything is a miracle. ~Albert Einstein

Research Study Opportunities

Communication and Decision Making in Same-Sex Relationships

You are invited to participate in a research study on communication and decision making in same-sex relationships. You must identify as being in a lesbian or gay male relationship, be residing in the same home as your partner, and you and your partner must both be willing to participate. Participation is voluntary. If you are interested in participating in this project, you may contact Dr. Mary Sue Green at MGreen9@twu.edu or 940-898-2687. There is a potential risk of loss of confidentiality in all email, downloading, and internet transactions.

Lesbian and Gay Male Therapist Development

You are invited to participate in a research study on lesbian and gay male therapist development. You must identify as a lesbian or gay male and be a licensed mental health professional. Participation in this research is voluntary. If you are interested in participating in this project, you may contact Dr. Mary Sue Green at MGreen9@twu.edu or 940-898-2687. There is a potential risk of loss of confidentiality in all email, downloading, and internet transactions.

Effect of Religious Variance on Comfort Working with Gay and Lesbian Clients

You are being invited to participate in this project entitled *The Effects of Religious Variance in Working with Sexual Minorities* (lesbians and gay males). In order to participate in this research, you must identify as someone who is 1) licensed or 2) trained to work with individuals, couples, and families to assist them as they face life's challenges. If you are interested in participating in this project, please go to <https://www.psychdata.com/s.asp?SID=139892> to complete the survey. If you would like more information, you may contact Dr. Mary Sue Green, LMFT, at MGreen9@twu.edu or 940-898-2687. As always, there is a potential risk of loss of confidentiality in all email, downloading, and internet transactions.

Editor's Comments

Sidney Starling

As we near the date for our last meeting before our summer break my thoughts turn to family vacation time. At least every other year we try to gather the daughters, sons-in law, and grandchildren for what is usually a chaotic but fun get-away. As our family has grown over the years, so have the challenges of finding accommodations. But the vacation always makes it worth all the planning!

I hope all of you have something special planned for summer. Quiet time, down time, family time.....whatever it is; we all need to have some fun and take care of ourselves.

Wishing all of you a wonderful summer after which we will all return refreshed and ready for the great fall programs DAMFT has planned.

Have a Wonderful Summer!

Every now and then take a good look at something not made with human hands, a mountain, a star, and the turn of a stream. There will come you wisdom and patience and solace and above all else, the assurance that you are not alone in this world ~ Sidney Lovett

ATTENTION LMFT Supervisors

Did you know about these changes to the rules?

- **Both** the LMFT Associate and the board-approved supervisor are fully responsible for the marriage and family therapy activities of the LMFT Associate.
- A board approved supervisor shall maintain and sign a record(s) to document the date of each supervision conference and document the Licensed Marriage & Family Therapist (LMFT) Associate's total number of hours of supervised experience accumulated up to the date of the conference.
- Supervision must be conducted under a supervision contract, which **must** be submitted to the board on the official form within 60 days of the initiation of supervision. The supervision contract submitted to the board must be approved by the board. **Fees charged by a supervisor during the course of supervision, which occurred without a board-approved supervision contract in place and subsequently resulted in the supervised experience hours of the supervisee being denied by the board solely on the basis that there was no board approved supervision contract in place within 60 days of the initiation of supervision, must be reimbursed to the supervisee.**
- A board-approved supervisor shall maintain and sign a record(s) to document the date of each supervision conference and document the Licensed Marriage and Family Therapist (LMFT) Associate's total number of hours of supervised experience accumulated up to the date of the conference.

2011
Membership Fees

Annual DAMFT Membership Fee	\$40.00
Annual Non-Member CEU Fee (15 annual CEU's includes Ethics)	\$70.00
Annual Ethics Meeting Fee	\$30.00
DAMFT Student Membership Fee	\$10.00

INVESTMENT + COMMITMENT = RESULTS

FamilyPAC is the political action committee for TAMFT. It is the political muscle for MFT professionals before the Texas Legislature and state government.

The Texas Legislature convenes every odd year for five months, but critical issues loom for your clients, your profession and the way you conduct business every day. Let's make a difference and increase our political power to help stem the rising tide of legislation and regulations that threaten the MFT profession.

INVESTMENT: The level of influence we can exert on the legislative/regulatory process depends directly on our finances and grassroots support. We need to financially support the election of lawmakers who support marriage and family therapy and client welfare.

COMMITMENT: To be a powerful, unified voice for Texas Marriage and Family Therapy in the legislative and regulatory process, we need MFT professionals to carry our message straight to elected officials.



Show your commitment to Texas Marriage and Family Therapy.

Invest in **FamilyPAC** Today!

Donations may be made directly to:

FamilyPAC/TAMFT

P.O. Box 49009

Austin, TX 78765

Or

DAMFT will gladly remit any donation designated for FamilyPAC for you

CEU REMINDER

DAMFT is required to award one hour of credit for one hour of attendance. The DAMFT Board has adopted the following policy:

If you arrive more than 15 minutes late or leave 15 minutes early, only 1.5 CEU's will be awarded.

This policy was adopted by the board in order to stay within the bounds of what is required. Please plan to arrive on time and stay until the end of the program. We appreciate your cooperation and understanding

Save the Date

AAMFT Annual Conference September 22 – 25, 2011

Ft Worth, Texas

The Science of Relationships

Other than the February meeting (which is 1:00-4:00 PM), our regular meetings are from 1:00-3:00 PM. Meetings include 2 hours of CEU's (3 hours Ethics in February) and are held at the Milliman Building – Ten Thousand North Central Expressway, Dallas, TX - North of Walnut Hill and 75 on the east access road – in the Community Room located on the first floor.

www.damft.com

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For all DAMFT questions please email Gloria Martin at Gloria@discoveringgrowth.com